

WHAT IS SPIRITUAL DIRECTION?

Spiritual Direction is simply an openness to the insights and suggestions of a third party who is trustworthy and has a good experience and wisdom regarding the four relationships of love; God, self, nature and others.

Spiritual direction encourages you to explore a closer relationship with God. In the midst of a busy life, many people find it difficult to notice God's action in their daily affairs. Yet, at the deepest level, all of us long for a more conscious experience of God's presence and love.

There is a tremendous hunger and thirst today for spiritual guidance. Vatican II tells us that everyone shares God's universal call to holiness. Parishioners, today, can fulfill this call through a deeper life of prayer and spiritual growth. But we all need help on this journey of faith. With a decline in the number of priests, our bishops have asked the laity to accept the call to help in this evangelistic ministry

Could God be calling you?

REQUIREMENTS

Attend

“Come and See” Workshop

June 4, 2011

10:00 AM to Noon

New Creation Renewal Center

1600 Elbow Road,

Chesapeake, VA 23320

Two Year Commitment

18 Classes held on the Third Saturday of every month,

September 2011 through May 2013

(No Classes in June, July, and August)

COST SCHEDULE

Annual tuition of \$675.00, made in payments of \$75.00 per month from August through April will be due whether the student is able to attend the session or not. Payments are due upon arrival for each session.

Upon acceptance to the academy, the first payment of \$75.00 will be due by September 1, 2011 to hold one's place in the academy.

Class size limited to 40 students

COURSE OUTLINE

Year One

Sept Intro to Spiritual Direction

Oct Sacred Scriptures and Spiritual Direction

Nov Overview of Christian Spirituality and Contemplative Prayer

Dec Intensive Journal Workshop

Jan Using the Bible in Prayer:
Lectio Divina
Ignation Prayer
Prayer of the Liturgical Year

Feb St Theresa—Story of a Soul

Mar Personal Prayer Life

Apr Discernment

May Balanced Christianity

Year Two

Will be announced in April 2012



SPIRITUAL DIRECTION ACADEMY

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Doctor of Ministry

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BE A SOLUTION
IN OUR
DIOCESE'S PASTORAL
PLANNING PROCESS



Donna M. Pacheco has a Bachelor's Degree in Religious Studies, a Master's Degree in Social Work and holds a Doctor of Ministry Degree. In the past Dr. Pacheco has served the Church as a Minister of Religious Education at St Pius X and as Pastoral Associate of Sacred Heart Church, both in Norfolk, VA.

Donna is preparing to teach year two of the Academy to the class that started in September 2008. She is also teaching a Woman's Bible Study at Church of Ascension in Virginia Beach, VA. She is an active Spiritual Director, having been certified as a Spiritual Director since 1997 through the Virginia Institute for Spiritual Direction. She is also a member of Spiritual Direction International.

Dr. Pacheco is assisted by Deacon Darrell Wentworth the Moderator/Spiritual Director of New Creation Renewal Center.

RESERVATION FORM—COME AND SEE WORKSHOP

June 4, 2011

NAME _____ PHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Email _____

Current Parish _____

Mail form to:: Spiritual Direction Academy

Attn: Dr. Donna Pacheco

2533 Gaines Mill Dr.

Virginia Beach, VA 234566833